

# Treatment Outcomes

## Bridges to Recovery Residential Mental Health Treatment

We are committed to providing the best possible care for our clients. Therefore, we partnered with Vista Research Group to track and measure the progress and efficacy of each client's treatment using validated research methodologies.

Information collected by Vista Research Group:

- Provides additional clinical input for weekly treatment planning meetings.
- Helps us make improvements and evolve our programming, which benefits our current and future clients.

Vista Research Group collected data from 68 participating clients who attended treatment at Bridges to Recovery between January 1, 2020 and December 31, 2020.

As we continue our partnership with Vista Research Group, we will provide updated Treatment Outcomes as they become available.



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Vista Research Group is an independent research group that helps treatment programs measure and improve their success rates. Vista collects treatment outcomes using validated research methodologies. The following results from our year-long study at Bridges to Recovery were published April 2021.

